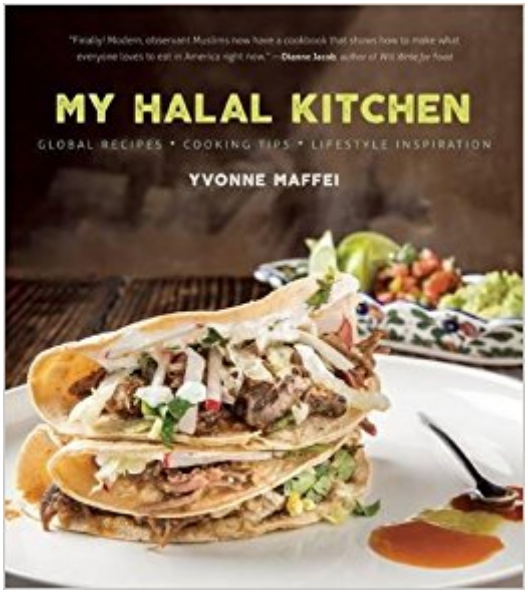
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My Halal Kitchen: Global Recipes, Cooking Tips, And Lifestyle Inspiration



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Synopsis

Yvonne Maffei is the founder of the hugely popular cooking blog and Islamic lifestyle website My Halal Kitchen. Her new book, My Halal Kitchen: Global Recipes, Cooking Tips, and Lifestyle Inspiration, celebrates halal cooking and shows readers how easy it can be to prepare halal meals. Her cookbook collects more than 100 recipes from a variety of culinary traditions, proving that halal meals can be full of diverse flavors. Home cooks will learn to make classic American favorites and comfort foods, as well as international dishes that previously may have seemed out of reach: Coq without the Vin, Shrimp Pad Thai, Chicken Tamales, and many more.The book also includes resources that break down the basics of halal cooking and outline common non-halal ingredients, their replacements, and how to purchase (or make) them. As Maffei often says to her million-plus social media followers, halal cooking elegantly dovetails with holistic living and using locally sourced, organic ingredients. In the halal tradition, every part of the farm-to-fork cycle has importance. This book is an ideal resource not only for Muslim home cooks, but also for any home cook looking to find delicious and healthy recipes from around the globe.

Book Information

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Customer Reviews

Praise for Yvonne Maffei, her blog, and her book, My Halal Kitchen:Ã¢â ¬Å“Yvonne Maffei. . . writes a popular cooking and nutrition blog, My Halal Kitchen, from her home north of Chicago. . . . Her simple recipe for medjools drizzled with tangy crÃƒÂ¨me fraÃƒÂ®che is excellent for transforming date doubters into date lovers.Ã¢â ¬Â• —Julia Moskin, The New York

TimesÃ¢â ¬Å“Simple, family-friendly recipes shine in My Halal Kitchen, a cookbook that is at once exciting and approachable. She takes you on trip around the world from the family dinner table.Ã¢â ¬Â• —Jennifer McGruther, cookbook author and founder of NourishedKitchen.comÃ¢â ¬Å“An approchable introduction to halal home cooking for Muslim and non-Muslim families alike.Ã¢â ¬Â• Ã¢â ¬â •Library JournalÃ¢â ¬Å“[My Halal Kitchen] is a compendium of modern global classics, rendered halal through MaffeiÃ¢â ¬â„¢s creative substitutions and described with the same cheery enthusiasm telegraphed in conversation by their author.Ã¢â ¬Â• Ã¢â ¬â •Epicurious.comÃ¢â ¬Å“Finally! Modern, observant Muslims can celebrate (with non-alcoholic bubbly, of course) a cookbook that shows how to make what everyone loves to eat in America right now.Ã¢â ¬Â• —Dianne Jacob, author of Will Write for Food: The Complete Guide to Writing Cookbooks, Blogs, Memoir, Recipes, and MoreÃ¢â ¬Å“I love eating out, but I'm glad to have this manual to halal home cooking! This book teaches you cooking and eating halal from A to Z.Ã¢â ¬Â• —Sameer S. Sarmast, host of halal food show Sameer's EatsÃ¢â ¬Å“MaffeiÃ¢â ¬â„¢s approach is one of abundance and creativity. . . . My Halal Kitchen presents readersÃ¢â ¬â •whether Muslim or those simply interested in considering their food choices more carefullyÃ¢â ¬â •with a vast array of options that can redefine oneÃ¢â ¬â„¢s relationship with the kitchen.Ã¢â ¬Â• Ã¢â ¬â •Shelf AwarenessÃ¢â ¬Å“Maffei shatters the notion that a halal diet means shunning dishes like pepperoni pizza.Ã¢â ¬Â• Ã¢â ¬â •Chicago magazineÃ¢â ¬Å“This truly impressive and illustrated culinary compendium provides an informative overview of halal food and cooking. . . . Very highly recommended.Ã¢â ¬Â• Ã¢â ¬â •Midwest Book ReviewÃ¢â ¬Å“The research that has been put into this book shines through and deserves much appreciation and respect not only from the Muslim community but any conscientious foodie. . . . It is a true treasure.Ã¢â ¬Â• Ã¢â ¬â •Eat. Drink. Pure.Ã¢â ¬Å“An ideal resource not just for Muslims, but for any home cook searching for delicious and healthy recipes from a variety of culinary traditions.Ã¢â ¬Â• Ã¢â ¬â •DawnÃ¢â ¬Å“[MaffeiÃ¢â ¬â„¢s] new cookbook celebrates halal cooking and shows readers how easy it can be to prepare halal meals.Ã¢â ¬Â• Ã¢â ¬â •Eat Your BooksÃ¢â ¬Å“You'll hear Maffei's passion and intelligence, and whatever your religious persuasion you'll no doubt relate to her motives: to find a deep and meaningful connection to the world.Ã¢â ¬Â• —Alison Cuddy, WBEZ-FMÃ¢â ¬Å“A cook, food writer, and self-described Halal foodie.Ã¢â ¬Â• —CBS News

Yvonne Maffei is the founder of the hugely popular cooking blog and Islamic lifestyle website MyHalalKitchen.com. She has earned a vast following in the United States and internationally,

including a Facebook page totaling nearly one million likes. Born in Ohio to Sicilian and Puerto Rican parents, Maffei developed a love of many diverse culinary styles. Between her B.A. and M.A. in International Studies at Ohio University and trips spanning the globe, Maffei honed her cooking skills and ability to adapt a wide range of cuisines to her family's dietary customs. Her recipes specialize in adhering to halal standards while also focusing on all-natural, organic ingredients. She currently lives with her family outside Chicago, IL.

I recently received my copy of this cookbook in the mail, and I'm thrilled!! I've been a frequent visitor of myhalalkitchen.com for a few years now, so I was very excited when I found out Yvonne Maffei was publishing a cookbook. The same creativity and precision which is evident on the website can be found in this book. The layout is gorgeous with elegant designs and beautiful (and mouthwatering) pictures. The cookbook features recipes from various ethnic cuisines and shows how to make popular dishes in a halal way without using pork or alcohol. I recently made the coconut balls as a dessert, and they were an absolute hit! With it's hardcover, glossy pages, beautiful layout, and delicious recipes, this cookbook makes an excellent gift for anyone!

I am so excited! I have waited for this book for about a year and it is finally published! So great for my friend that eats halal and American.

This is honestly a great book! Recipes are easy to follow and the ones that I tried ALL came out delicious, lots of variety when it comes to the recipes. I highly recommend this book.

I absolutely love this book! And the kindle version makes it even more versatile to bring into my travels and still be able to pull up a delicious recipe.I also enjoyed the straightforward explanations on how to recreate traditional recipes into halal versions and using simple substitutes. Highly recommended to all households!

Fantastic cookbook!! Very informative about Halal cooking and delicious recipes inside. I highly recommend!!

Great ideas for substitutions and lovely recipes-my husband loved the simmered pears and the shrimp pad thai came out great! Looking forward to trying some more!

Have not used recipes yet but happy to have this publication.

I love it, height quality pics with great recipes

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